

**CFSC BASIC NEEDS BASKET: LILONGWE, BLANTYRE, ZOMBA & MZUZU**

May, 2011

**(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN LILONGWE, ZOMBA, BLANTYRE & MZUZU**

Commodity	Quantity	Lilongwe		Zomba		Blantyre		Mzuzu	
		Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total
Maize (50 Kg Bag)	2 Bags	1529	3058	1108	2216	1275	2550	1400	2800
Milling (Including Grinding)	14 Tins	104	1456	92	1288	80	1120	100	1400
Beans (0.8kg/day) 8 Days	6.4 Kg	197	1261	303	1939	209	1338	267	1709
Usipa (250g/day) 4 days	1 Kg	998	998	1414	1414	1214	1214	1070	1070
Dry Utaka (200g/day) 4 days	0.8 Kg	1200	960	1386	1109	1529	1223	1625	1300
Kapenta (200g/day) 4 days	0.8 Kgs	1217	974	1000	800	1700	1360	592	474
Beef (1 kg/day) 4 days	4 Kgs	600	2400	550	2200	536	2144	579	2316
Eggs (12/day) 4 days	48	25	1200	30	1440	25	1200	26	1248
Rape (750g/day) for 30 days	22.5 Kgs	64	1440	80	1800	85	1913	73	1643
Tomato (0.5 kg/day) 30 days	15 Kgs	250	3750	251	3765	289	4335	218	3270
Onion (116g/day) 30 days	3.5 Kgs	250	875	240	840	214	749	276	966
Fresh Milk (250mls/day) 30 days	15x500 ml pkt	97	1455	113	1695	97	1455	100	1500
Kazinga Cooking Oil	3x 1 Liters	536	1608	566	1698	530	1590	522	1566
Bread (5 bkfts/week) 20 days	20 Loaves	120	2400	123	2460	121	2420	120	2400
Sugar (2 kgs/week)	8 Kgs	179	1432	169	1352	166	1328	178	1424
Kitchen Salt	1 Kg	85	85	87	87	128	128	163	163
Tea (Chisangalalo)	40 x 25g	11	440	15	600	13	520	21	840
Cassava (2kgsx2bkfst/wk)	16 Kgs	28	448	21	336	39	624	29	464
<b>Sub-total</b>			<b>26,239</b>		<b>27,039</b>		<b>27,210</b>		<b>26,552</b>
<b>Sub-total (Food Basket)</b>			<b>(B) COST</b>		<b>OF ESSENTIAL NON-FOOD ITEMS</b>				
Charcoal (50 Kgs)	2 Bags	2057	4114	1240	2480	2000	4000	2000	4000
Protex	10 Tablets	118	1180	124	1240	111	1110	159	1590
Boom	8 Packets	88	704	95	760	94	752	100	800
Clere Body Lotion	2 x 400 Mls	128	256	127	254	118	236	154	308
Vaseline Blue Seal	2 x 100 Mls	165	330	148	296	144	288	148	268
Electricity (Meter)	Average/Month	3173	3173	2575	2575	2750	2750	1475	1475
Running Water (Meter)	Average/Month	1891	1891	1806	1806	2275	2275	1225	1225
Housing (3 Bed roomed)	Rent/Month	15,844	15,844	8,750	8,750	15000	15000	8075	8075
<b>Sub-total</b>			<b>27,492</b>		<b>18,161</b>		<b>26,411</b>		<b>17,741</b>
<b>Total for Basic Needs Basket</b>			<b>53,731</b>		<b>45,200</b>		<b>53,621</b>		<b>44,293</b>

City Average from previous months	March.10	April.10	May. 10	June. 10	July.10	Aug. 10	Sept. 10	Oct. 10	Nov. 10	Dec 10	Jan 11	Feb.11	March. 11
Amount (MK)	52,095	49,107	46,109	47,677	48,243	47,246	46,566	44,556	44,933	45,530	47,334	48,044	49,112

**(C) SOME OTHER ADDITIONAL COSTS**

	Lilongwe	Zomba	Blantyre	Mzuzu		
Education (per year)					Fuel (cost at the pump)	
Secondary (fees)	7, 645	7, 525	6,000	7, 600	Diesel (per litre)	K290
Primary (GPF)	500	950	700	1, 200	Petrol (per litre)	K260
Uniform/shoes (Primary)	2, 020	2, 920	3,200	2, 100	Paraffin (per litre)	K155
Uniform/shoes (Secondary)	3, 050	5, 100	4,000	4, 400	Minibus fare to town and back LL: MK240 – MK240;	
Other (pens, books, etc.)	2, 910	3, 900	2,600	2, 700	BT: 120.00; ZA: MK120 – MK160;	
					MZ: MK140 – MK180	

Note: Income figures will be released from the February Household survey findings later on

*The Social Conditions Research Program of the Centre for Social Concern conducted these surveys in 21<sup>st</sup> to 26<sup>th</sup> May, 2011 in the cities of Blantyre, Zomba, Lilongwe and Mzuzu.*

Center for Social Concern, P.O. Box 40049, Lilongwe, Malawi

Tel: 265-1-715-632 Fax: 260-1-716-136 E-mail: [jkuppens@cfscmalawi.org](mailto:jkuppens@cfscmalawi.org) or [fmkombamba@cfscmalawi.org](mailto:fmkombamba@cfscmalawi.org) /[cfsc@malawi.net](mailto:cfsc@malawi.net) ;

Location: Next to St. Francis Catholic Parish, Area 25C, Kanengo Website: [www.cfscmalawi.org](http://www.cfscmalawi.org)