

CFSC BASIC NEEDS BASKET: LILONGWE, BLANTYRE, ZOMBA & MZUZU

August, 2011

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN LILONGWE, ZOMBA, BLANTYRE & MZUZU

Commodity	Quantity	Lilongwe		Zomba		Blantyre		Mzuzu	
		Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total	Kwacha Total
Maize (50 Kg Bag)	2 Bags	1586	3172	1383	2766	1958	3916	1580	3160
Milling (Including Grinding)	14 Tins	106	1484	98	1372	80	1120	100	1400
Beans (0.8kg/day) 8 Days	6.4 Kg	206	1318	312	1997	223	1427	325	2080
Usipa (250g/day) 4 days	1 Kg	1150	1150	1586	1586	1714	1714	1160	1160
Dry Utaka (200g/day) 4 days	0.8 Kg	1300	1040	1229	983	1493	1194	1600	1280
Kapenta (200g/day) 4 days	0.8 Kgs	1350	1080	1000	800	1933	1546	708	566
Beef (1 kg/day) 4 days	4 Kgs	617	2468	575	2300	593	2372	596	2384
Eggs (12/day) 4 days	48	30	1440	33	1584	30	1440	29	1392
Rape (750g/day) for 30 days	22.5 Kgs	99	2228	77	1733	94	2115	84	1890
Tomato (0.5 kg/day) 30 days	15 Kgs	129	1935	71	1065	138	2070	112	1680
Onion (116g/day) 30 days	3.5 Kgs	186	651	154	539	184	644	151	529
Fresh Milk (250mls/day) 30 days	15x500 ml pkt	110	1650	130	1950	121	1815	108	1620
Kazinga Cooking Oil	3x 1 Liters	607	1821	633	1899	599	1797	572	1716
Bread (5 bkfts/week) 20 days	20 Loaves	169	3380	155	3100	159	3180	166	3320
Sugar (2 kgs/week)	8 Kgs	199	1592	198	1584	193	1544	197	1576
Kitchen Salt	1 Kg	85	85	90	90	104	104	170	170
Tea (Chisangalalo)	40 x 25g	14	560	13	520	18	720	28	1120
Cassava (2kgsx2bkfst/wk)	16 Kgs	49	784	37	592	51	816	32	512
Sub-total			27,838		26,460		29,535		27,555
Sub-total (Food Basket)			(B) COST		OF ESSENTIAL NON-FOOD ITEMS				
Charcoal (50 Kgs)	2 Bags	2057	4114	1160	2320	2000	4000	2000	4000
Protex bath soap	10 Tablets	139	1390	146	1460	147	1470	177	1770
Boom wash soap	8 Packets	99	792	103	824	99	792	102	816
Clere Body Lotion	2 x 400 Mls	145	290	154	308	150	300	165	330
Vaseline Blue Seal	2 x 100 Mls	170	340	182	364	160	320	154	268
Electricity (Meter)	Average/Month	2592	2592	2588	2588	2245	2245	2485	2485
Running Water (Meter)	Average/Month	1737	1737	1563	1563	1732	1732	1519	1519
Housing (3 Bed roomed)	Rent/Month	18,563	18,563	14,938	14,938	15000	15000	14,775	14,775
Sub-total			29,818		24,365		25,859		25,963
Total for Basic Needs Basket			57,656		50,825		55,394		53,518

City Average from previous months	June10	July10	Aug. 10	Sept. 10	Oct.10	Nov. 10	Dec. 10	Jan. 11	Feb.11.	Marc.11	Apri.11	May.11	June. 11
Amount (MK)	47,677	48,243	47,246	46,566	44,556	44,933	45,530	47,334	48,044	49,112	49,070	49,211	49,506

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu
Education (per year)				
Secondary (fees)	7,645	7,525	6,000	7,600
Primary (GPF)	500	950	700	1,200
Uniform/shoes (Primary)	2,020	2,920	3,200	2,100
Uniform/shoes (Secondary)	3,050	5,100	4,000	4,400
Other (pens, books, etc.)	2,910	3,900	2,600	2,700

Fuel (cost at the pump)
 Diesel (per litre) K290
 Petrol (per litre) K260
 Paraffin (per litre) K155
 Minibus fare to town and back LL: MK150 – MK600;
 BT: K140.00-K180; ZA: MK140 – MK200;
 MZ: MK160 – MK200

NB: 1 USA dollar (\$) = 151 Malawian Kwacha (MK)