

**CFSC BASIC NEEDS BASKET: LILONGWE, BLANTYRE, ZOMBA & MZUZU**

November, 2011

**(D) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN LILONGWE, ZOMBA, BLANTYRE & MZUZU**

Commodity	Quantity	Lilongwe		Zomba		Blantyre		Mzuzu	
		Kwacha	Total	Kwacha	Total	Kwacha	Total	Kwacha	Total
Maize (50 Kg Bag)	2 Bags	2236	4472	2083	4166	2500	5000	2200	4400
Milling (Including Grinding)	14 Tins	104	1456	100	1400	80	1120	138	1932
Beans (0.8kg/day) 8 Days	6.4 Kg	259	1658	290	1856	289	1850	358	2291
Usipa (250g/day) 4 days	1 Kg	1731	1731	1500	1500	2729	2729	1840	1840
Dry Utaka (200g/day) 4 days	0.8 Kg	1763	1410	1300	1040	2264	1811	2025	1620
Kapenta (200g/day) 4 days	0.8 Kgs	1400	1120	1133	906	2550	2040	783	626
Beef (1 kg/day) 4 days	4 Kgs	708	2832	625	2500	650	2600	700	2800
Eggs (12/day) 4 days	48	36	1728	38	1824	31	1488	35	1680
Rape (750g/day) for 30 days	22.5 Kgs	101	2273	87	1958	110	2475	95	2138
Tomato (0.5 kg/day) 30 days	15 Kgs	123	1845	88	1320	163	2445	132	1980
Onion (116g/day) 30 days	3.5 Kgs	273	956	173	606	256	896	155	543
Fresh Milk (250mls/day) 30 days	15x500 ml pkt	110	1650	123	1845	123	1845	130	1950
Kazinga Cooking Oil	3x 1 Liters	690	2070	743	2229	685	2055	732	2196
Bread (5 bkfts/week) 20 days	20 Loaves	190	3800	212	4240	214	4280	175	3500
Sugar (2 kgs/week)	8 Kgs	204	1632	211	1688	200	1600	195	1560
Kitchen Salt	1 Kg	106	106	107	107	97	97	240	240
Tea (Chisangalalo)	40 x 25g	17	680	26	1040	23	920	30	1200
Cassava (2kgsx2bkfst/wk)	16 Kgs	58	928	36	576	63	1008	33	528
<b>Sub-total</b>			<b>32,346</b>		<b>30,800</b>		<b>36,259</b>		<b>33,024</b>
<b>Sub-total (Food Basket)</b>			<b>(B) COST</b>		<b>OF ESSENTIAL NON-FOOD ITEMS</b>				
Charcoal (50 Kgs)	2 Bags	2714	5428	1600	3200	3286	6572	2500	5000
Protex bath soap	10 Tablets	166	1660	172	1720	154	1540	178	1780
Boom wash soap	8 Packets	124	992	121	968	120	960	129	1032
Clere Body Lotion	2 x 400 Mls	191	382	194	388	170	340	220	440
Vaseline Blue Seal	2 x 100 Mls	187	374	199	398	158	316	168	268
Electricity (Meter)	Average/Month	3,943	3,943	2029	2029	1649	1649	1405	1405
Running Water (Meter)	Average/Month	2,201	2,201	2261	2261	1574	1574	1437	1437
Housing (3 Bed roomed)	Rent/Month	19,687	19,687	14,963	14,963	15000	15000	14,775	14,775
<b>Sub-total</b>			<b>34,667</b>		<b>25,927</b>		<b>27,953</b>		<b>26,137</b>
<b>Total for Basic Needs Basket</b>			<b>67,013</b>		<b>56,727</b>		<b>64,212</b>		<b>59,161</b>

City Average from previous months	June10	July10	Aug. 10	Sept. 10	Oct.10	Nov. 10	Dec. 10	Jan. 11	Feb.11	Marc.11	Apr.11	May.11	June. 11	July.11	Aug.11	Sept.11	Oct.11
Amount (MK)	47,677	48,243	47,246	46,566	44,556	44,933	45,530	47,334	48,044	49,112	49,070	49,211	49,506	54,398	53,453	56,032	57,407

**(C) SOME OTHER ADDITIONAL COSTS**

	Lilongwe	Zomba	Blantyre	Mzuzu
Education (per year)				
Secondary (fees)	7, 645	7, 525	6,000	7, 600
Primary (GPF)	500	950	700	1, 200
Uniform/shoes (Primary)	2, 020	2, 920	3,200	2, 100
Uniform/shoes (Secondary)	3, 050	5, 100	4,000	4, 400
Other (pens, books, etc.)	2, 910	3, 900	2,600	2, 700

Fuel (cost at the pump)  
 Diesel (per litre) K360  
 Petrol (per litre) K390  
 Paraffin (per litre) K171  
 Minibus fare to town and back LL: MK240 – MK800;  
 BT: K140.00-K180; ZA: MK200– MK240;  
 MZ: MK200 – MK240

**NB:** 1 USA dollar (\$) = 167 Malawian Kwacha (MK)

**Note:** Income figures will be released from the February Household survey findings later on

*The Social Conditions Research Program of the Centre for Social Concern conducted these surveys in 28<sup>th</sup> to 30<sup>th</sup> November 2011 in the cities of Blantyre, Zomba, Lilongwe and Mzuzu.*

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